Howard County Local Health Improvement Coalition

Full LHIC Meeting 5/28/15

Agenda

Welcome & Introductions

Opening Remarks
Maura Rossman/Steve Snelgrove

Approval of 3.26.15 Minutes

Announcements

HSCRC Planning Grant Elizabeth Edsall Kromm

> 2014 HCHAS Results Felicia Pailen

CB17-2015 Glenn Schneider

Work Group Reports

Healthy Weight
 Liz Clark

Access to Care
 Patricia Omaña

Behavioral Health
 Roe Rodgers-Bonaccorsy

Questions/Comments

Work Group Meetings

Behavioral Health \Rightarrow Severn \bigcirc Access to Care \Rightarrow Barton B \bigcirc Healthy Weight \Rightarrow Potomac

Welcome and Introductions

Opening Remarks

Maura Rossman, MD Howard County Health Officer

Announcements

- Behavioral Health Task Force recommendations
- LHIC Website need your logos
- LHIC Member Announcements

Howard County LHIC

Local Health Improvement Coalition





Headline Here

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Howard County LHIC

Local Health Improvement Coalition

Howard County LHIC
Address Here Address Here, City, State Zip
Phone Number
Contact Email Address

JOIN OUR MAILING LIST

EMAIL ADDRESS



HSCRC Planning Grant

Elizabeth Edsall Kromm, PhD Senior Director of Population Health and Community Relations Howard County General Hospital



Howard County Regional Partnership for Health System Transformation



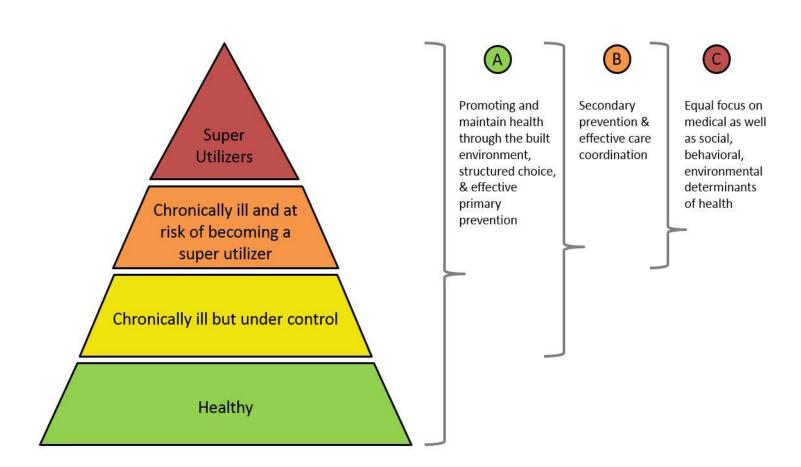
The Grant Opportunity

Funding Guidelines

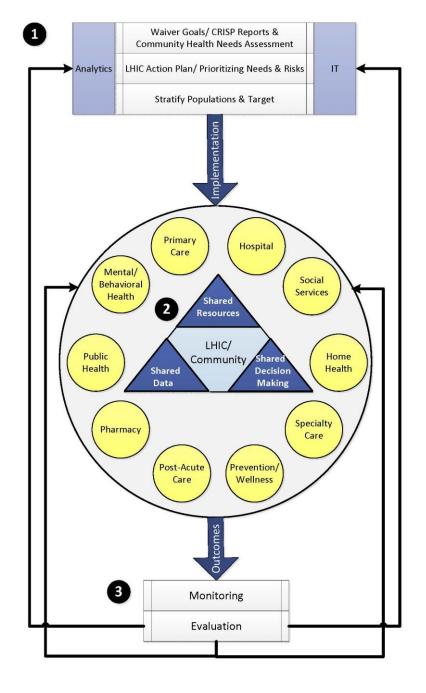
- Successful proposals will:
 - support the purpose of All Payer Model of hospital payment, which is achievement of the three-part aim: improved outcomes, lower costs, and enhanced patient experience;
 - be scalable as the partnerships demonstrate success;
 - support coordinated action in areas where uncoordinated action could lead to additional cost and confusion;
 - have the support of the LHIC(s) in the region; and
 - help to align other parts of the health care system with the goals of the All-Payer Model.



Stratify to Target Interventions



Population Health Conceptual Mode





Oversight & Decision Making





Steering Committee

Maura Rossman, MD	Lou Grimmel	Nikki Highsmith	Linda Dunbar
Howard County	CEO, Lorien Health	Vernick	VP, Population
Health Officer	Systems	President & CEO,	Health & Care
		The Horizon	Management,
		Foundation	Johns Hopkins
			Health Care (JHHC)
Steven Snelgrove	Pastor Robert Turner	HCGH	DeWayne
President, HCGH	People Acting	Patient & Family	Oberlander
	Together in Howard	Advisory Council Rep	CEO, Columbia
	(PATH)		Medical Practice
Specialty Care Community		CRISP Rep	
Physician Group Rep			



Building the Strategy

Facilitating Team

- Value stream analysis
- Cross-cutting needs
 - IT & data sharing
 - Marketing
 - Finance
 - Workforce

CORES

- Critical model components (6)
- Content experts
- Multidisciplinary teams
- Community/patient voice



Focus Areas – CORES 1-3

Community Link to Care

- Patient engagement/ access to care
- Primary care connection
- Patient education
- Prevention

Facility Transitions

- Discharge planning
- DME/ home health
- Care management

Social Needs

- Social support
- Transportation
- Housing
- Food
- Caregiver support
- Language barrier
- Cultural sensitivity
- Safety



Focus Areas – CORES 4-6

Mental & Behavioral Health

- Referrals & accessibility
- Substance abuse treatment

Pharmacy

- Medication reconciliation & adherence
- Medication education

Primary to Specialty Care

- Provider engagement
- Transitions between providers



Timeline & Deliverables

- Sept. 1 Interim report due
- Dec. 1 Final plan due
 - Detailed description of delivery/financing model, infrastructure, staffing needs & target outcomes
- Assume responsibility for implementation



Next Steps

- Steering Committee kickoff June 5
 - Approve scope for each CORE
 - Finalize committee and CORE membership
 - Identify CORE champions
- Schedule Operating Committee kickoff
- Set mtg schedule for CORES and subcommittees

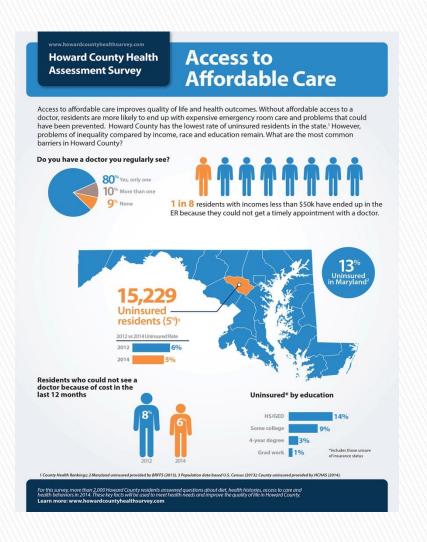
2014 Howard County Health Assessment Survey Results

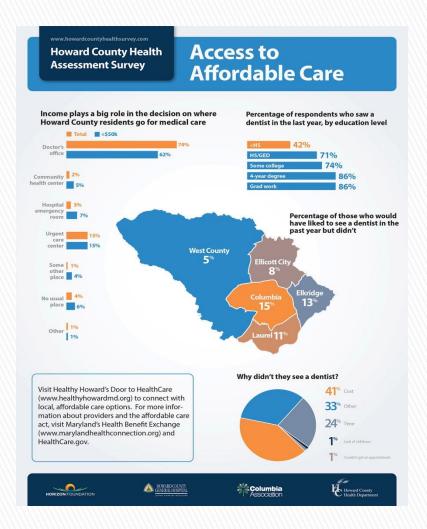
Felicia Pailen, MPH Director of Policy, Planning and Communications Howard County Health Department

Highlights 2014 vs. 2012

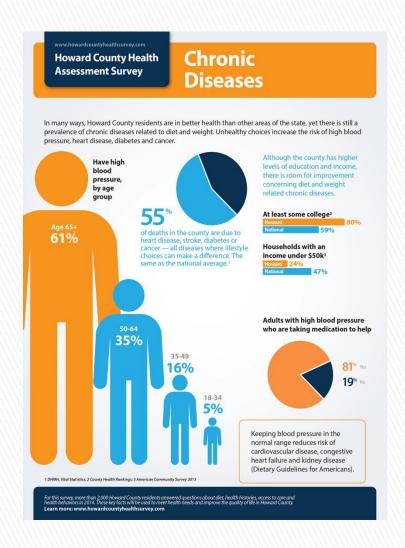
- Decrease in number of uninsured residents
- Lowest uninsured rate in Maryland
- Increased fruit intake in some residents
- Fewer residents exposed to second hand smoke in vehicles
- Residents aged 50-64 are smoking less

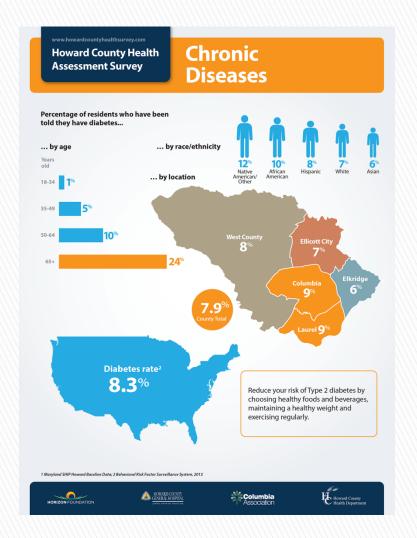
Access to Care



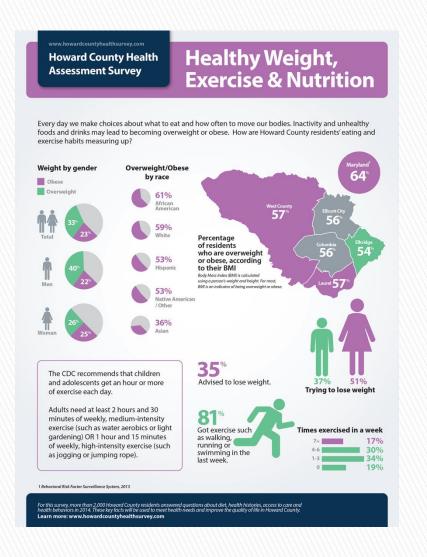


Chronic Diseases



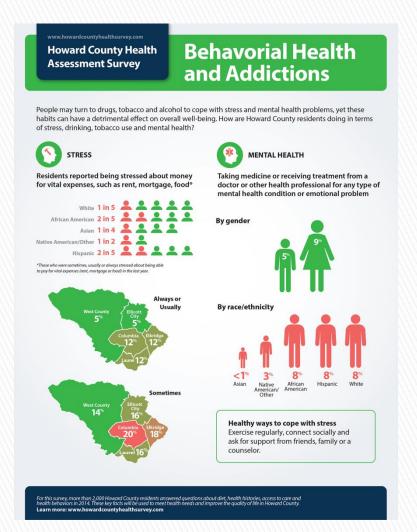


Healthy Weight & Physical Activity



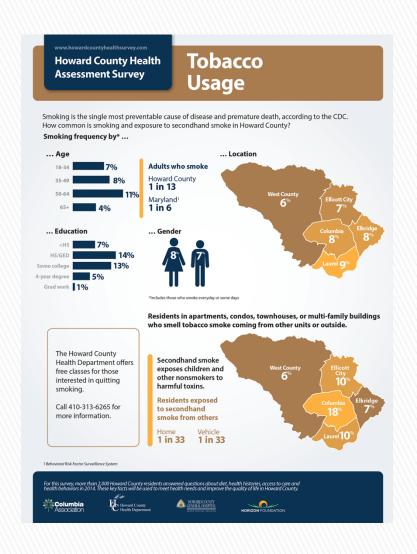


Behavioral Health

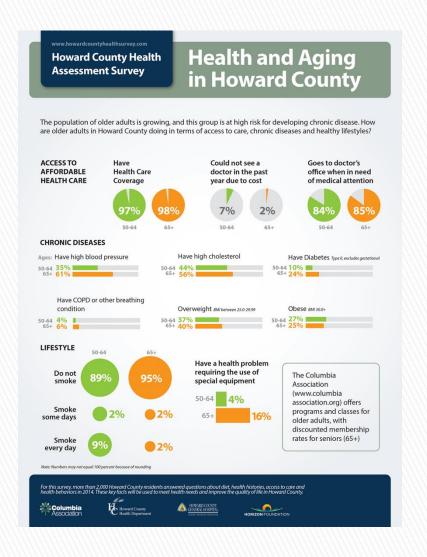


Behavorial Health Howard County Health Assessment Survey and Addictions TOBACCO PRODUCTS Smoke cigarettes every day or some days Smoking by gender BINGE DRINKING Those who ... by age ... by income report binge drinking* at least once in a month ... *More than five drinks Need a reason to quit? How many drinks are okay? Smoking harms nearly every organ of your The National Institutes of Health body, causing diseases and affecting overall recommends no more than one drink per health. Quitting has immediate, as well as day for women and no more than two long-term benefits for you and loved ones. for men. Howard County

Tobacco Usage



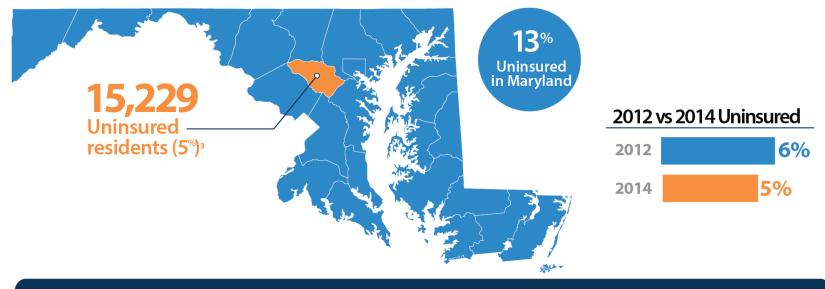
Healthy Aging



Snapshots

Howard County Leads on Access to Care

Lowest Rate of Uninsured in Maryland and Getting Lower



Find Out More

Howard County Health Survey. com



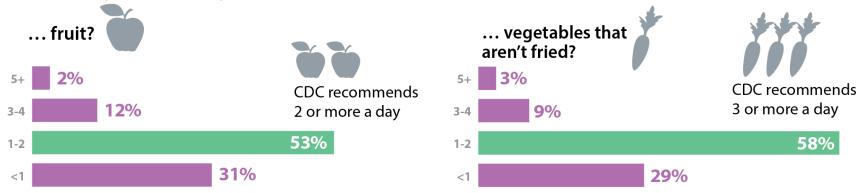






Are Howard County Residents Eating Enough Fruits and Vegetables?

How many times a day do residents eat ...



Find Out More









HowardCountyHealthSurvey.com

How Active is Howard County?



Times exercised in a week



Find Out More











Major Changes

Access to Affordable Care

Survey Question	2012	2014	Change
Uninsured residents	17,965 (6%)	15,229 (5%)	- 2,736 (-1%)
Residents couldn't see a doctor b/c of cost in last 12 months	8%	6%	- 2%
Do you have a doctor you regularly see?	None - 13%	None- 9%	- 4%

Behavioral Health and Addictions

Survey Question	2012	2014	Change
	<u>*Always/Usually:</u>	*Always/Usually:	<u>*Always/Usually:</u>
	Western 4%	Western 5%	Western + 1%
	Ellicott City 5%	Ellicott City 5%	No Change
	Columbia 9%	Columbia 12%	Columbia +3%
Residents reported being stressed about money for	Elkridge 13%	Elkridge 12%	Elkridge –1%
vital expenses, such as rent, mortgage and food.	Laurel 11%	Laurel 12%	Laurel + 1%
	<u>*Sometimes:</u>	<u>*Sometimes:</u>	<u>*Sometimes:</u>
	Western 14%	Western 14%	No Change
	Ellicott City 18%	Ellicott City 16%	Ellicott City – 2%
	Columbia 19%	Columbia 20%	Columbia +1%
	Elkridge 14%	Elkridge 18%	Elkridge +4%
	Laurel 22%	Laurel 16%	Laurel - 6%
Those who reported binge drinking at least once in	Age 18 -34 (20%)	Age 18 -34 (27%)	+ 7%
a month.			

Major Changes continued

Chronic Diseases

Survey Question	2012	2014	Change
Percentage, by race/ethnicity, of residents told they have diabetes.	African American 2%	African American 10%	African American +8%
	Hispanic 1%	Hispanic 8%	Hispanic +7%

Healthy Weight, Exercise & Nutrition

Survey Question	2012	2014	Change
Overweight/Obese by race/ethnicity	African American 70% Native American/Other 62% White 55% Asian 45% Hispanic 39%	African American 61% Native American/Other 53% White 59% Asian 36% Hispanic 53%	African American -9% Native American/Other -9% White +4% Asian -9% Hispanic +14%
Those earning less than \$50,000 who are getting less than 1 serving of fruit/day	54%	36%	- 18%

Major Changes continued

Tobacco Usage

Survey Question	2012	2014	Change
Residents exposed to secondhand smoke from others in vehicle.	1 in 20	1 in 33	- 13
Residents in apartments, condos, townhouses, or multi-family buildings who smell tobacco smoke coming from other units or outside	Ellicott City 25% Elkridge 22%	Ellicott City 10% Elkridge 7%	Ellicott City –15% Elkridge –15%

Health and Aging

Survey Question	2012	2014	Change
Residents aged 50 - 64 that do not smoke.	71%	89%	+18%
Residents aged 50 - 64 that smoke every day.	19%	9%	-10%

Questions?

Felicia Pailen, MPH

Director- Policy, Planning & Communications Howard County Health Department

FPailen@howardcountymd.gov

Jeananne Sciabarra, MPP

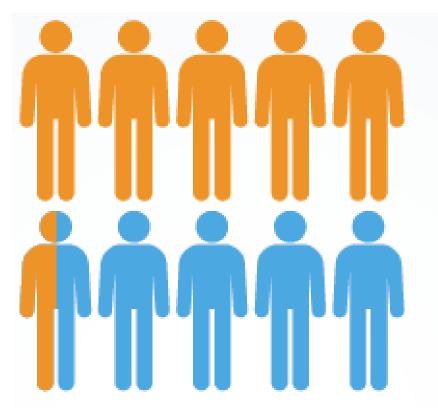
Director- Local Health Improvement Coalition Healthy Howard, Inc.

JSciabarra@healthyhowardmd.org

CB 17-2015

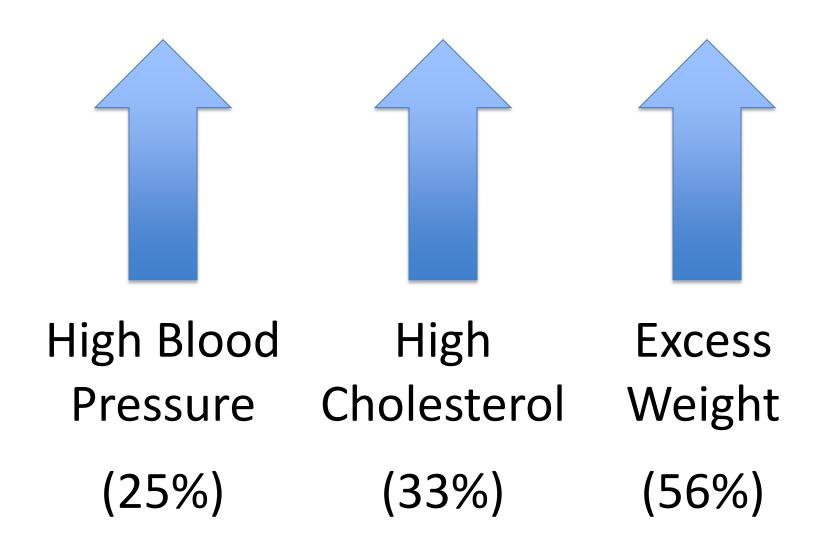
Glenn Schneider, MPH Horizon Foundation

Chronic Disease Deaths Still High



55% of deaths in the county are due to heart disease, stroke, diabetes or cancer the same as the national average.1

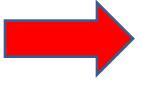
Howard County Adults



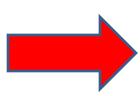
Adolescents with diabetes or pre-diabetes

1999-2000: 9%

2007-2008: 23%



33% boys / 38% girls born in 2000



50% of African Am & Latino kids

Childhood Obesity MD YRBSS (2011) & HCPSS Fitness Gram (2013)

	Healthy Weight or Underweight	Overweight or Obese
Maryland	73%	27%
Howard County	75%	26%

Help Residents Achieve a Healthy Weight



LHIC	HCHD	Hospital
Horizon	Transition	Your
Foundation	Team	Group?



Howard County.

Making the Healthy Choice the Easy Choice.

The Howard County Public School System's Wellness Policy now ranks among the top third in the nation.

How Well Did Howard County's **Wellness Policy Score?**



Comprehensive Overall Score:

Extent to which content area is covered in the policy



Strength Overall Score:

How effectively the content is stated and enforced



Policy Section	Average National School District Score*	Howard County School District WallSAT Score*
Nutrition Education & Wellness Promotion	70	89
USDAChild Nutrition Programs & School Meals	52	100
Competitive** and Other Foods & Beverages	45	100
Physical Education & Physical Activity	50	86
Evaluation	51	100

Overall Score

48

95

Policy Section	Average National School District Scool	Howard County School District WellSAT Scoot*
Nutrition Education & Wellness Promotion	48	78
USDA ChildNutrition Programs & School Meals	30	86
Competitive ** and Other Foods & Beverages	20	94
Physical Education & Physical Activity	34	57
Evaluation	34	100

Overall Score

28

83

'How Are the Policies Scored?

Howard County's scores are based on the WeitSAT tool, which was created by experts in food, nutrition, and school health. It provides a standard, consistent, and reliable method of quantitatively assessing the comprehensiveness and strength of school wellness policies.

National scores are sourced from: Bridging the Gap, February 2013. Brief Report. School District Wellness Policies: Evaluating Progress and Potential for Improving Children's Health Five Years after the Federal Mandate. Data are weighted to represent school districts nationwide.



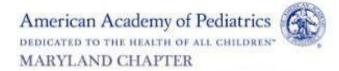
"What is Competitive Food?

Foods SOLD or SERVED outside of school meals. Think à la carte food and beverages sold in the catetoria, from vending machines or school stores, and "reward" or "celebratory" foods served in the classroom.











Maryland Dental Action Coalition







Soda sales are dropping in Howard County



2-3 times faster than national rates.

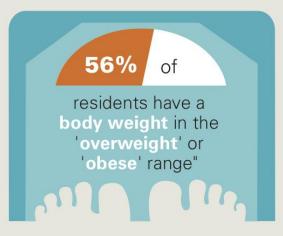


What is the county's role in making healthier choices available on public property and during programs?

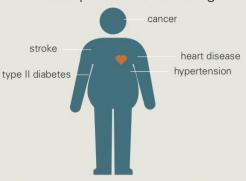
HEALTHY WORKERS MAKE HEALTHY BUSINESSES



Howard County is Maryland's healthiest county yet...



Leading to higher risk of major health problems including...



These diseases account for over half of all deaths in Howard County each year.

IMPACT ON THE ECONOMY & WORKPLACE

In total, Howard County businesses lose as much as



\$169 million per year



due to obesity-related health problems

That is roughly equal to 2,500 potential jobs

INVESTING IN A HEALTHY WORKPLACE



Wellness programs can result in



significant health care costs saving,



increased productivity, and improved



employee health and morale

Learn more: www.thehorizonfoundation.org



Howard County Government spends over \$42 million in taxpayer funds on employee health benefits.

Most \$\$ spent on treating chronic diseases related to poor nutrition and lack of physical activity.



Preserves and increases adults' choice

In most county vending machines and programs, there will be a mix of both healthier (75%) and less healthy (25%) food and drinks offered or sold.



Encourages healthy choices



Healthier food and drink will be stocked together at eye level in vending machines so that you can tell the difference between them and less healthy items.

You will also get a \$0.25 discount when you buy a healthier drink – making water more affordable.

Makes plain water available at county sponsored events like 4th of July Festival, etc.

Protects children and give parents healthy options



In parks, libraries, and recreation centers (places where many children play or learn), all packaged food and drinks sold and served will be healthier to match the items children have available at school.

Makes Reasonable Exemptions



Meet Us on The Street



Open Streets

ARE THEY THE FUTURE OF HOWARD COUNTY?

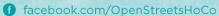
See one. Walk one. Bike one.

BIKE RODEO - FOOD TRUCKS - MUSIC & MORE!

Saturday, June 13

10AM-2PM

Little Patuxent Parkway Loop & Swansfield Elementary School



Questions?

Glenn E. Schneider Chief Program Officer

The Horizon Foundation

phone: 443-766-1217

cell: 443-812-6955

gschneider@thehorizonfoundation.org www.thehorizonfoundation.org



Voting - Rules Established in Bylaws

- Establish quorum (simple majority)
 - 34 voting members
- Vote requires 2/3 majority to pass
- Each organization has one vote
 - The blue "V" on nametag indicates voting member
 - Organizations that joined after the open enrollment closed do not have a vote until next recruitment period
- Each work group also has one vote
 - Work group co-chairs have decided who will vote

Work Group Updates

- Healthy Weight Liz Clark
- Access to Care Patricia Omaña
- Behavioral Health Roe Rodgers–Bonaccorsy

Wrap-Up

- Questions/Comments
- Work Group Meetings Behavioral Health ⇒ Severn Access to Care ⇒ Barton B Healthy Weight ⇒ Potomac
- Please sign in if you haven't already
- Please leave nametags in work group meetings

THANK YOU!